## THE HUDDLE BENCH

Speakeas

Sport has the power to both change and save lives. At Speakeasy club, we use sport as the driver to create inclusive, engaging and fun environments. Through inspiring events, curious and non-judgmental conversations and our online clubhouse 'The Huddle', we firmly believe everyone should be able to be themselves, and share their passions with like-minded people.

HINI

The Huddle



We aim to put a huddle bench in every community sports club in the world.

When you scan the QR code on each bench, it takes you straight to our online clubhouse, the huddle. This is where you'll get free mental health support & resources, there and then, at your fingertips. We know it can be scary to ask questions and be curious, but we're here to help you and those around you.

> @speakeasyclub1 @thehuddleclubhouse





## **HOW WILL IT ALL WORK?**

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- We will use sport and community venues, to champion & support each other, and ourselves
- Clubs, organisations or individuals have the opportunity to sponsor a huddle bench at their community venue of choice.
- The Huddle Bench provides a place for people to sit and chat over a beer or a coffee and each one is in Speakeasy pink, with the aim to show that being different is ok.
- Each bench will have QR codes with links to the Huddle, our Clubhouse online as well as the relevant charity.
- Sponsors will get their choice of which club or community venue their bench goes into and will also determine which charity/organisation has their QR Code on that bench.
- Longer term, working with R&L Developments of Penarth, there will be the opportunity for each bench to be built by a community group (veterans, ex offenders, young people from Princes Trust etc)
- Cost is approx £600

## WHAT'S IN IT FOR ME?

- Sport and clubhouses can not only enhance, but also save lives
- Working together to raise awareness of Mental Health & improve well-being
- Engaging the community in chosen charities and raising much needed funds
- Each bench gives different groups the chance to feel part of something.

## WANT TO GET INVOLVED?

Contact us on <u>simon@speakeasyclub.co.uk</u> to talk about how you can sponsor a bench at your venue.





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